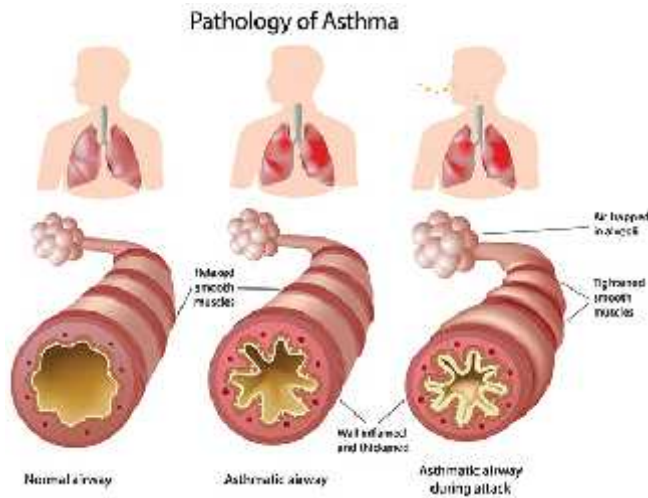


WHAT IS ASTHMA



Asthma is a chronic disease of the airways that makes breathing difficult. With asthma, there is inflammation of the air passages that results in a temporary narrowing of the airways that carry oxygen to the lungs. This results in asthma symptoms, including coughing, wheezing, shortness of breath, and chest tightness

TYPES OF ASTHMA

- Allergic asthma.
- Non-allergic asthma.
- Allergic broncho pulmonary mycosis.
- Aspirin-induced asthma.
- Adult-onset asthma.
- Asthma with fixed airflow obstruction.
- Exercise-induced asthma.
- Cough-variant asthma.

REASON OF ASTHMA

Asthma triggers. Exposure to various irritants and substances that trigger allergies (allergens) can trigger signs and symptoms of asthma. Airborne substances, such as pollen, dust mites, mold spores, pet dander or particles of cockroach waste. Respiratory infections, such as the common cold.

SYMPTOMS OF ASTHMA

Asthma signs and symptoms include:

- Shortness of breath.
- Chest tightness or pain.
- Trouble sleeping caused by shortness of breath, coughing or wheezing.
- A whistling or wheezing sound when exhaling (wheezing is a common sign of asthma in children)

NEUROTHERAPY TREATMENT

First Treatment

- (6) Blood Supply to lungs (back arrow)
- Normal treatment formula without spleen
- (6) Adr
- (3) Ch only
- (2) Electric waves [= (6) Medulla]
- (6) Lu + Sh
- (6) Stretch

Second Treatment

- (8) Pan
- (3) Gal
- (7) Mu⁰
- (3) Acid
- (6) Adr
- (6) Back arrow
- (6) Stretch
- (10) On the spine
- (10) Round arrow

Aju, gal, bb g, bitter gourd, fenugreek and fresh mint juice are good for patients suffering from asthma.